MEET ROY

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Two years ago, Roy and Joyce started receiving Meals on Wheels and Roy recalls being pleasantly surprised by the food. Joyce’s mother had received meals many years before; “I saw some of her meals, so I wasn’t expecting much,” he chuckles. Roy Brewer is 93 years old. He is blind and navigates his home by touch. Now, after the recent death of Joyce, his wife of 74 years, he lives alone.

His neighbor, Mr. Appleton, has stepped in to help him with his affairs, assisting with automatic bill payments and checking in daily, but he doesn’t cook. After receiving meals for a little over a year, Joyce passed away; leaving Roy alone in the home they shared for five decades. “I’ve studied long and strong about giving up the house and going into assisted living. But this has been home for 55 years—I like it, I know it, and I can get around even though I’m blind.”

Roy is lucky. He has a support structure enabling him to remain in his home.

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volunteers. Roy’s volunteers go a step further by placing the meal in front of him on his dining room table and describing it. Roy smiles, “they’re just like family.”

Roy recently donated to Meals on Wheels in memory of Joyce. “Meals on Wheels is doing a wonderful thing; it’s caring for other people—and that’s the main thing right there.”
Meals on Wheels San Antonio and Grace Place Alzheimer’s Centers began under the umbrella of Christian Senior Services, a 501 (c)(3). Since 1977 the organization has served the senior citizens of Bexar County. Combined, it is one of Bexar County’s largest non-profit organizations providing services to older adults. Services include home meal delivery, companionship services for homebound seniors, AniMeals, and daytime care for seniors diagnosed with Alzheimer’s or dementia-related diseases.