

Are you a FAMILY CAREGIVER?



Rosalynn Carter
INSTITUTE
FOR CAREGIVING



Alamo Area Council
Of Governments

DATE:

Thursday March 21st &
Friday March 22nd, 2019
Must attend both days

TIME:

4:00pm – 6:00 pm

PLACE:

Grace Place Alzheimer's
Centers
13420 Nacogdoches Rd,
San Antonio, Tx.78217



Sign up today for your **FREE** Dealing with Dementia Workshop



DO YOU NEED HELP IN THESE AREAS?

- ◇ Understanding Dementia
- ◇ Managing Problem Behaviors
- ◇ Handling Stress
- ◇ Finding Time for You



"I wish this guide and training had been available when I was caring for my mother with vascular dementia. Following the suggestions in this guide book will make a BIG difference for the caregiver and the person receiving care." ~ Family Caregiver

PRE-REGISTRATION IS REQUIRED. To reserve your spot, please contact:

Dianne M. Teran, LMSW | 210.362.5235 | dteran@aacog.com
Cyndee Pierce | 210.832.5049 | cpierce@aacog.com

**Seating is limited to 20 individuals/ On-site Respite will be available during the workshop*