



ANNUAL REPORT

# **OUR MISSION**

To promote the dignity and independence of seniors who are in need of nutritious meals, companionship, and Alzheimer's care.

# **OUR SERVICES**



Every weekday in Bexar County Meals on Wheels (MOW) prepares and delivers more than a meal to 3,800 homebound seniors. MOW helps to prevent hunger among our elderly neighbors and improves their ability to remain healthy and independent in their own homes. Plus, daily interaction with volunteers and staff drivers helps to combat loneliness, and provides a valuable safety check.

Grace Place centers are San Antonio's only nonprofit, licensed adult day care locations exclusively for seniors living with Alzheimer's and dementia. For family members, caring for a person with dementia can be difficult and stressful. Our goal is to alleviate stress by providing affordable and safe respite care so our clients' families can live a more healthy and balanced life. Three locations serve over 100 clients and their caregivers daily.

> Companionship Services

Elder Friends and Senior Companion volunteers help combat loneliness and isolation among homebound seniors. Too often, seniors who are no longer able to leave their homes can start to feel isolated and depressed, which may worsen existing health conditions. We provide volunteer-based companionship and minor assistance to seniors living in San Antonio.

## **RESULTS**

during 12 months ending June 30, 2015

### **Meals on Wheels**

- 987,421 meals delivered to 5,590 homebound seniors in Bexar County.
- 26% of our seniors are over the age of 85; 21 are over the age of 100.
- Meals on Wheels operated 196 routes daily.
- 2,500 Volunteers provided 48,313 hours of service. These in-kind hours provided a value of \$579,756.

### **Grace Place Alzheimer's Centers**

- 25,662 days of care were provided to participants and their families.
- The three centers served 263 individuals living with Alzheimer's and dementia during the year.
- Because of Grace Place, 93% of caregivers gained rest, had time to complete household tasks, and/or obtained the ability to return to work.

### **Companionship Services**

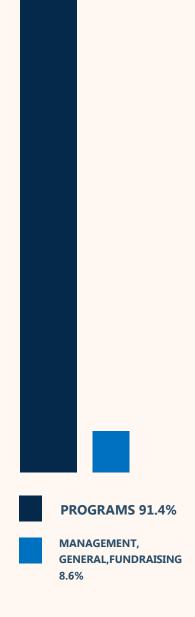
- 76,512 hours of free companionship provided to isolated seniors.
- 170 volunteer companions provided services to 280 participants.
- 97 caregivers received respite from companions.
- 96% of participants maximized their self-sufficiency by receiving daily outside contact and assistance from warm, caring companions.

"There are too many elderly citizens who live alone and their relatives don't visit them. Since I am retired, it is my turn to give back. I get so much pleasure from helping others." CSS Volunteer

# FINANCIAL STATEMENTS

during 12 months ending June 30, 2015

ASSETS	
Cash	5,136,340
Other current assets	947,640
Property & equip.	3,333,761
Total assets	\$9,417,741
Liabilities & Net Assets	
Current liabilities	349, 112
Net assets	9,068,629
Total Liabilities & Net Assets	\$9,417,741
Revenue	
Public support	3,527,522
Fees from gov't agencies	2,589,733
Program revenue	1,078,377
Investment income	14,419
Misc.	5,698
Total revenue	\$7,215,749
Expenses	
Meals on Wheels	4,646,117
Grace Place	1,089,289
Companionship programs	480,805
Management, general, fundraising	587,399
Total expenses	\$6,803,610
Change in net assets	412,139
Net assets beginning of year	8,656,490
Net assets end of year	\$9,068,629



"God bless the ministry of Meals on Wheels."

"Wonderful to know that Christian Senior Services is such a great steward of the treasure they receive."

# **BOARD OF DIRECTORS**

during 12 months ending June 30, 2015

#### **Board of Directors**

President - Doug Barnes, SWBC

Vice President - Anthony Santillano, Republic National Distributing

Secretary - Giovanna Rueda, CST Brands

**Treasurer** - Jennifer Mansour, Wells Fargo

Immediate Past President -Brice Moczygemba, Pape-Dawson Engineers

Caren Albarian, City of Grey Forest Daniel Ayala, The Hartford

Robert "Bob" Barnes, Reata Real Estate Services

Bob Bettac, Ogletree Deakins, et al.

Beverly Cardwell, Community Volunteer

Nelson Finch, Jefferson Bank

James French, Scobey Moving and Storage

Pat Goynes, Valero Energy Corporation

George Muller, C.H. Guenther & Son, Inc.

Leslie Ostrander, Pape-Dawson Engineers

Duane Pozza, C.P.A., Consultant

Raymond Prior, Carenet Healthcare Services

DJ "Danny" Rodriguez, NuStar Energy

Megan S. Rooney, H-E-B

Marcos Rosenberg, USAA Federal Savings Bank

Carmen Samaniego, Attorney at Law

Helen Sorenson, Community Volunteer

Aida Castro-Snyder, Frontline Trading Company

John Walker, Star Shuttle & Abbey Rentals

Gene A. Weaver-Lucero, Citi

### **Senior Management**

Sharon Baughman Chief Executive Officer
Heather Finerghty Chief Operating Officer
Reuben Luna Chief Financial Officer
Susie Walker-Atchison Chief Development Officer



**Great**Nonprofits.org

2015 Top-rated Nonprofit

# Funding Partners • Foundations • Corporations • Churches Grants & Gifts \$1,000 and above

A.H. Beck Foundation Co., Inc.

**Alamo Heights Presbyterian Church** 

Alfred S. Gage Foundation

**Anameer Interests, LLC** 

AT&T United Way - Employee Giving

Campaign

AutoWorks, Inc.

**Bartlett Cocke General Contractors** 

BD

**Bexar Area Agency on Aging** 

**Bexar County General Fund** 

**Boeing Company** 

**Bozrah International Ministries, Inc.** 

**Broadway Bank** 

**Brown & Ortiz, P.C.** 

Bury, Inc.

C.H. Guenther & Son, Inc.

**Capital Group Companies Charitable** 

**Foundation** 

Carl C. Anderson & Marie Jo Anderson

**Charitable Foundation** 

**Carol Tyrrell Kyle Foundation** 

**Cecilia Young Willard Helping Fund** 

**Central Park Lions Club Foundation** 

**Cheryl and John Schoolfield Charitable** 

Fund

**Church of The Holy Spirit** 

**Citigroup Business Services** 

City of San Antonio

Aida & Edward Snyder & Law Firm of Castillo Snyder P.C.

Corporation for National and Community Service

**Dalkowitz Charitable Trust** 

**Dixie Starnes Wenger Foundation** 

**Employees of Methodist Ambulatory** 

**North Central** 

**Energy Transfer Partners** 

**Enterprise Holdings Foundation** 

**EOG** Resources, Inc.

ΕY

Escamilla & Poneck, LLP

Fiesta Restaurant Group, Inc.

**Frost Bank** 

**GAC Halff Foundation** 

**Genevieve and Ward Orsinger** 

**Foundation** 

**Grace Lutheran Church** 

**Great Central Mortgage Acceptance Co,** 

LTD.

**Hartford Insurance Group** 

**HealthTexas Management Co.** 

H-E-B

**Holy Trinity Presbyterian Church** 

**Impact San Antonio** 

Insurica

**Isla Carroll Turner Friendship Trust** 

Jean and Kenneth Ladensohn Trust

Fund

**Jefferson Bank** 

#### Cont'd

John Herman Hasenbeck

**Charitable Trust** 

JPMorgan Chase & Co.

**Kronkosky Charitable Foundation** 

Las Palapas

**Leo Daniel Foundation** 

**Lockheed Martin Aero Club** 

Lozano Trucking Company, Inc.

**Maranatha International** 

**Ministries** 

**Marcia and Otto Koehler** 

**Foundation** 

**Mays Family Foundation** 

McGriff, Seibels & Williams

Meals on Wheels Association of

America

Microshare

Mitchell Five Mineral, LP

Noonco, LLC

**Northside Lions Charitable** 

**Foundation** 

**NuStar Foundation** 

**Pape-Dawson Engineers** 

**Pernod Ricard USA** 

**Phyllis L. Schoener Foundation** 

**Port San Antonio** 

Rachael and Ben Vaughan

**Foundation** 

Robert A. and Kathey K.

**Anderson Foundation** 

San Antonio Area Foundation

San Antonio Orthopaedic Group, LLP

**SAZA Commission. Inc.** 

**Shield-Ayres Foundation** 

**Silver Eagle Distributors** 

**Smithers Merchant Builders, LP** 

**Spurs Sports & Entertainment** 

St. John's Lutheran Church

St. Luke's Lutheran Health Ministries

Star Shuttle INC.

**SWBC Insurance Services, Inc.** 

**Terry and Regina Armstrong Family** 

**Charitable Foundation** 

**Tesoro Corporation** 

**Tesoro Employee Engagement Fund** 

**Texas Capital Bank** 

**Texas Department of Agriculture** 

**Tezel & Cotter Air Conditioning, LP** 

Tsakopulos, Brown, Schott & Anchors, CPA's

United Way of Central & Northeastern

Connecticut

**United Way of San Antonio and Bexar** 

County

**USAA Federal Savings Bank** 

USAA

**Valero Energy Foundation** 

**Wal-Mart Foundation** 

Wellmed Medical Management, Inc.

**Wells Fargo** 

Whataburger Restaurants, LLC

**Zachry Group** 



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210-735-5115 www.samow.org "God is pleased that all of these seniors are being nourished physically and emotionally."

"They deliver every weekday, and it warms my heart knowing people still care." "Homebound seniors can receive a nutritious meal, find a companion to alleviate their solitude and get help with Alzheimer's care.

Thanks CSS for supporting our community."