



2024 YEAR IN REVIEW

THANK YOU FOR

making it possible to deliver nutrition, independence, and care to older and disabled members of our community for almost 50 years!

I used to volunteer, and little did I know that someday I would be receiving meals. Thank you for everything.

- Virginia, Client



I want to thank you so much for what you guys do for me. I can't tell you how much I appreciate all of you.

- Edward, Client

I've been very, very happy and grateful for what they have done for me.

- Josefa, Client



**VOLUNTEER
HOURS
43,414**

**MEALS
SERVED
2,224,195**

**NEIGHBORS
SERVED
6,826**

*Learn more about Josefa and how we've helped her:
mowsatx.org/josefa
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