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THANK YOU FOR

making it possible to deliver nutrition, independence, and care to older and disabled members of our community for almost 50 years!

I used to volunteer, and little did I know that someday I would be receiving meals. Thank you for everything. - Virgina, Client





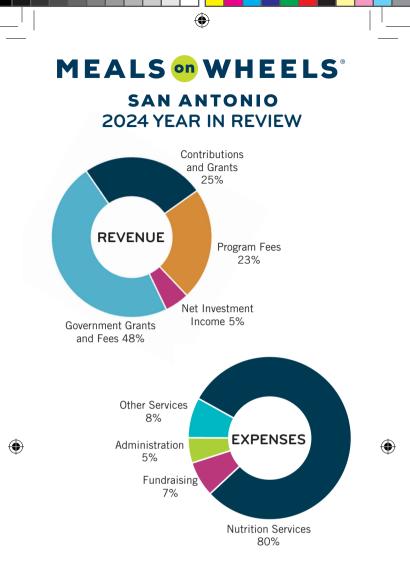
I want to thank you so much for what you guys do for me. I can't tell you how much I appreciate all of you. - Edward, Client

I've been very, very happy and grateful for what they have done for me. - Josefa. Client



VOLUNTEER HOURS 43,414 MEALS SERVED 2,224,195 SERVED 6,826

Learn more about Josefa and how we've helped her: mowsatx.org/josefa Or simply scan -->



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2718 Danbury, San Antonio, TX 78217 | 210-735-5115 | mowsatx.org

