



2025 YEAR IN REVIEW

THANK YOU FOR

making it possible to deliver nutrition, independence, and care to older and disabled members of our community for almost 50 years!

**VOLUNTEER
HOURS**
48,334

**MEALS
SERVED**
1,802,876

**NEIGHBORS
SERVED**
4,631

It's not an exaggeration to say that good nutrition can and often does save lives.



And this is a program that does that for people like us when someone suddenly can't cook.

- Trudy and Clifton, Clients



Every day is a surprise, and every day is a good plate of food, and we love it.

- Michael, Client

I'm very blessed to have Meals on Wheels, and very blessed for all the people that make it happen.

- Janie, Client



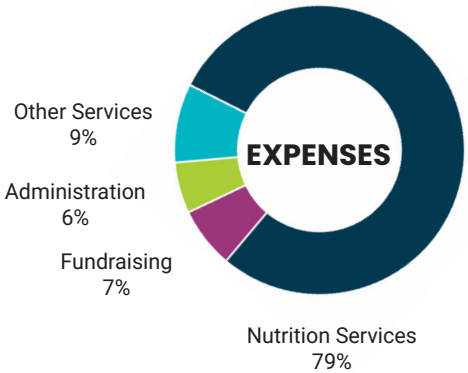
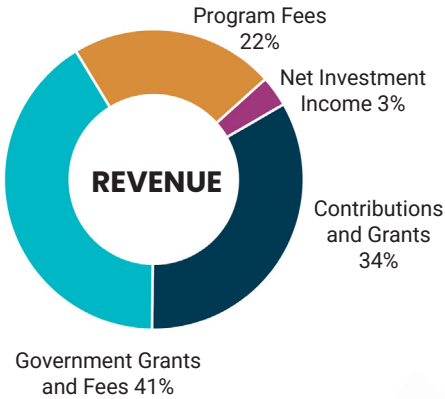
Learn more about Janie... mowsatx.org/janie
Or simply scan -->



MEALS **on** WHEELS[®]

SAN ANTONIO

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