

Please see below for a list of items you could come across on your meal delivery route sheet. The forms of supplemental nutrition and juice beverages that clients are meant to receive will be highlighted on the route sheet indicating who they go to.



DAILY LUNCH MEAL

All clients receive a daily lunch meal consisting of the sealed meal tray (hot or frozen) along with the additional side items and beverage listed on the route sheet.



PUREE



GROUND

SPECIALITY MEALS

Puree (pink) and **ground (orange)** meals will be pre-packed in special color bags. Side items will be included inside the bag with the frozen meals, but beverages will need to be added.



FROZEN MULTI-PACK



HOT MEAL
+ MULTI-PACK

MULTI-PACKS

FROZEN Multi-packs include the daily lunch meal plus any extra meals and will be packed all together in a colored bag.

HOT meal + Multi-pack will include meals for the client to enjoy on a later day, served frozen, and the multi-pack will be served to the client in addition to the daily hot lunch.

Weekend Multi-packs come pre-packed with meals and are provided in yellow bags.



WEEKEND - 2 PK

NUTRITION SUPPLEMENTS AND POWDERED MILK

Nutritional Supplements provide additional support for clients with identified nutritional needs. Always verify the correct supplement before each delivery. Clients should receive only the assigned supplement brand.

Powdered Milk is an optional beverage that clients may choose to receive. Clients who receive 5-pack meal deliveries are automatically assigned powdered milk.



NEPRO - 4PK



GLUCERNA - 6PK



ENSURE - 6PK



POWDERED MILK

ROUTE SHEET EXAMPLE

- 1- Lunch Menu A
- 1- (Milk, Apple Juice, Orange Juice)

ROUTE SHEET EXAMPLE

- 1- Lunch Menu B- Puree
- 1- (Milk, Apple Juice, Orange Juice)
- OR**
- 1- Lunch Menu B- Ground
- 1- (Milk, Apple Juice, Orange Juice)

ROUTE SHEET EXAMPLES

MULTI-PACK

- 1- Frz Lunch- 3 pk Menu A*
- 1- Lunch Menu A
- 3- (Milk, Apple Juice, Orange Juice)

HOT MEAL & MULTI-PACK

- 1- Frz Lunch- 3 pk Menu A*
- 1- Lunch Menu A
- 3- (Milk, Apple Juice, Orange Juice)

WEEKEND MEALS

- 1- Frz Wknd 2pk Menu A*
- 1- Lunch Menu A
- 3- (Milk, Apple Juice, Orange Juice)

ROUTE SHEET EXAMPLES

NUTRITIONAL SUPPLEMENTS

- 1- Glucerna 6pk Menu A
- 1- Ensure 6pk Menu A
- 1- Nepro 4pk Menu A

POWDERED MILK

- 1- Frz Wknd 2pk Menu A*
- 1- Lunch Menu A
- 3- Powdered Milk

